



The **VeNatura** brand is inspired by the experienced, reliable and people-oriented approach of **Vefa ilaç**, which is growing rapidly in the field of export thanks to its success in pharmaceutical / food supplement production and R&D. With the basic principle of research and development, **Vefa ilaç** continues its production in high quality production facilities equipped with the latest technology.

We are following the latest developments, rediscover nature day by day and we are happy to share with you.



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VeNatura®

Headquarters

Huzur Mahallesi,
Cendere Caddesi,
Skyland B Blok Kat:33
34485 Sarıyer
İstanbul / TURKEY

Manufacturing Site

Beylikdüzü OSB Mah.
2. Cadde No:3/2
34524 Beylikdüzü
İstanbul / TURKEY

VEFA
— İLAÇ SAN. VE TİC. A.Ş. —

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LIPOSOMAL PRODUCTS

LIPOSOMAL BERBERIS VULGARIS EXTRACT CAPSULE

INGREDIENTS

Liposomal *Berberis vulgaris* extract (Gum arabic, *Berberis vulgaris* extract, **Soy lecithin**), Hydroxypropyl methyl cellulose, Cellulose, Magnesium stearate.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
<i>Berberis vulgaris</i> Extract	200 mg
📎 60 Capsules 🧑 11+	



LIPOSOMAL PRODUCTS



LIPOSOMAL CURCUMIN CAPSULE



INGREDIENTS

Mannitol, Hydroxypropyl methyl cellulose, Liposomal Curcumin (Curcumin, Gum arabic, **Soy lecithin**), Magnesium stearate, Silicon dioxide.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Curcumin	50 mg
 30 Capsules  11+	



LIPOSOMAL PRODUCTS

LIPOSOMAL IRON AND VITAMIN C CAPSULE

INGREDIENTS

Liposomal iron (Gum arabic, Ferrous fumarate, **Soy lecithin**), Dicalcium phosphate, Liposomal vitamin C (L-ascorbic acid, Gum Arabic, **Soy lecithin**), Hydroxypropyl methyl cellulose, Croscarmellose sodium, Magnesium stearate, Silicon dioxide.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT (1 CAPSULE)	DV%
Vitamin C	60 mg	75
Iron	17 mg	121,4
DV: Daily Value		

 60 Capsules  11+



LIPOSOMAL PRODUCTS



LIPOSOMAL L-GLUTATHIONE CAPSULE



INGREDIENTS

Liposomal glutathione, Gum arabic, Lecithin, Hydroxypropyl methyl cellulose, Silicon dioxide, Magnesium stearate.

SERVING SIZE

1-2 capsule(s) once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Glutathione	250 mg	500 mg

 30 Capsules  11+



LIPOSOMAL PRODUCTS

LIPOSOMAL NMN CAPSULE

INGREDIENTS

Mannitol, Liposomal Beta-Nicotinamide Mononucleotide [Gam arabic, Beta-Nicotinamide Mononucleotide (NMN), **Soy lecithin**], Hydroxypropyl methyl cellulose, Magnesium stearate and Silicon dioxide.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT (1 CAPSULE)
Beta-Nicotinamide Mononucleotide	50 mg
60 Capsules 11+	



LIPOSOMAL PRODUCTS



LIPOSOMAL QUERCETIN CAPSULE



INGREDIENTS

Liposomal Quercetin (Gam Arabic, **Soy Lecithin**, Quercetin), Hydroxypropyl Methyl Cellulose, Cellulose, Magnesium stearate.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Quercetin	100 mg
30 Capsules 11+	



LIPOSOMAL PRODUCTS

LIPOSOMAL RESVERATROL CAPSULE

INGREDIENTS

Liposomal resveratrol (Resveratrol, **Soy lecithin**, Gum arabic), Mannitol, Hydroxypropyl methyl cellulose, Magnesium stearate, Silicon dioxide.

SERVING SIZE

1 capsule twice a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Resveratrol	125 mg	250 mg

 60 Capsules  11+



LIPOSOMAL PRODUCTS



LIPOSOMAL VITAMIN C CAPSULE



INGREDIENTS

Liposomal vitamin C (L-ascorbic acid, Gum Arabic, **Soy lecithin**), Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE

2-4 capsules a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 CAPS.)	DV%	AMOUNT PER SERVING (3 CAPS.)	DV%	AMOUNT PER SERVING (4 CAPS.)	DV%
Vitamin C	500 mg	625	750 mg	937,5	1000 mg	1250

DV: Daily Value

 60 Capsules  11+



LIPOSOMAL PRODUCTS





BIOTIN 5000 MCG

INGREDIENTS:

Cellulose, D-biotin, Croscarmellose sodium, Silicon dioxide, Magnesium stearate.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Biotin	5000 mcg	10000

DV: Daily Value

30 Tablets

11+

90 Tablets



B TRIO ODT METHYLCOBALAMIN, METHYLFOLATE AND P-5-P (VITAMIN B6)

16



INGREDIENTS

Isomalt, Cellulose, Polyvinylpolypyrrolidone, Polyvinylpyrrolidone, Methylcobalamin, Magnesium stearate, (6S)-5-Methyltetrahydrofolic acid glucosamine salt, Pyridoxal 5'-phosphate, Stevia (*Stevia rebaudiana*).

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MecobalActive, is a licensed trademark of Healtech Bio Actives S.L.U. company.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 TABLET)	DV%
Vitamin B6 (pyridoxine)	0,5 mg	35,71
Vitamin B12 (cobalamin)	1000 mcg	40000
Folic Acid (methylfolate)	400 mcg	200

DV: Daily Value

30 Tablets  11+

D3K2 VITAMIN D3 AND VITAMIN K2 (MK-7)

INGREDIENTS:

Olive oil, Menaquinone 7 (Vitamin K2) mixture (Olive oil and Menaquinone 7), Cholecalciferol, Mixed tocopherol.

SERVING SIZE:

1 drop once a day.

STORAGE:

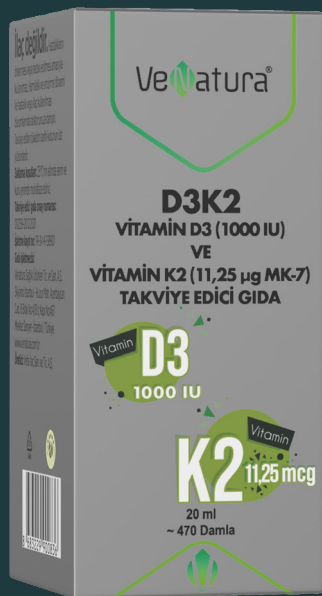
Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 DROP)	DV%
Vitamin D	25 mcg	500
Vitamin K	20 mcg	26,66

DV: Daily Value



D3K2 VITAMIN D3 (1000 IU) AND VITAMIN K2 (11,25 MCG MK-7)



INGREDIENTS:

Olive oil, Menaquinone 7 (Vitamin K2) mixture (Olive oil and Menaquinone 7), Cholecalciferol, Mixed tocopherol.

SERVING SIZE:

1 drop once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 DROP)	DV%
Vitamin D	25 mcg	500
Vitamin K	11,25 mcg	15

DV: Daily Value



20 ml



11+



VITAMINS

INOSITOL AND FOLIC ACID (METHYLFOLATE)

INGREDIENTS:

Myo-Inositol, Maltodextrin, Silicon dioxide, (6S)-5-Methyltetrahydrofolic acid glucosamine salt.

SERVING SIZE:

1 sachet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%
Myo-inositol	2000 mg	-
Folic acid (Methylfolate)	200 mcg	100

DV: Daily Value



20 Sachets



11+



METHYLFOLATE ODT

20



INGREDIENTS:

Mlsomalt, Cellulose, Polyvinylpolypyrrolidone, Polyvinylpyrrolidone, Magnesium stearate, (6S) -5-methyltetrahydrofolic acid glucosamine salt, Stevia (*Stevia rebaudiana*).

Quatrefolic®, is a licensed trademark of Gnosis S.p.A company.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Folic Acid (as methylfolate)	400 mcg	200

DV: Daily Value



30 O.D.T



11+



VITAMINS

SR VITAMIN C

INGREDIENTS:

L-ascorbic acid, Polyvinylpyrrolidone-vinyl acetate copolymer, Cellulose, Polyvinylpyrrolidone, Polyglycerol esters of fatty acids, Magnesium stearate.

SR (Sustained Release) tablet formulation.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Vitamin C	1000 mg	1250

DV: Daily Value

30 Tablets  11+



VITAMIN A PALMITATE



INGREDIENTS:

Olive oil, Bovine gelatin, Glycerol, Deionized water, Sorbitol, Retinyl palmitate, Alpha tocopherol.

SERVING SIZE:

1 softgel capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Vitamin A	1000 mcg RE	125

DV: Daily Value

0 60 Softgel Capsules 11+

VITAMIN B1 (BENFOTIAMINE AND THIAMINE)

INGREDIENTS:

Thiamine hydrochloride, Capsule shell (Hydroxypropyl methylcellulose), Benfotiamine, Anti-caking agent (Silicon dioxide and Magnesium salts of fatty acids).

SERVING SIZE:

Take 1 capsule a day after a meal.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Tiamin	75 mg	6818,18
Benfotiamin	25 mg	-

DV: Daily Value

 30 Capsules  11+



VITAMIN B COMPLEX CAPSULE



INGREDIENTS:

Hydroxypropyl methyl cellulose, Iron oxide (red), Choline bitartrate, D-pantothenate calcium, Inositol, Riboflavin 5'-phosphate sodium, Thiamin hydrochloride, Nicotinamide, Pyridoxal 5'-phosphate, (6S)-5-Methyltetrahydrofolic acid glucosamine salt, D-Biotin, Methylcobalamin.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
Vitamin B5 (pantothenic acid)	100 mg	1666,66
Inositol	50 mg	-
Choline	50 mg	-
Vitamin B1 (thiamine)	25 mg	2272,72
Vitamin B2 (riboflavin)	25 mg	1785,71
Vitamin B3 (niacin)	25 mg NE	156,25
Vitamin B6 (pyridoxine)	10 mg	714,28
Folic Acid	400 mcg	200
Biotin	300 mcg	600
Vitamin B12 (cobalamin)	100 mcg	4000

DV: Daily Value



30 Capsules



11+

VITAMIN B12 (METHYLCOBALAMIN) ODT

INGREDIENTS:

Isomalt, Polyvinylpolypyrrolidone, Magnesium stearate, Methylcobalamin.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Vitamin B12 (cobalamin)	1000 mcg	40000

DV: Daily Value

30 O.D.T



90 O.D.T



VITAMINS

VITAMIN B12 (METHYLCOBALAMIN) SPRAY



INGREDIENTS:

Purified water, Glycerol, Methylcobalamin, Citric acid, Sodium hydroxide, Potassium sorbate, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

1-2 puffs once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 PUFF)	DV%	AMOUNT PER SERVING (2 PUFFS)	DV%
Vitamin B12 (as Methylcobalamin)	1000 mcg	40000	2000 mcg	80000

DV: Daily Value



20 ml



11+

VITAMIN B12 MA METHYLCOBALAMIN AND ADENOSYLCOBALAMIN

INGREDIENTS:

Isomalt, Polyvinylpyrrolidone, Magnesium stearate, 5'-desoxyadenosylcobalamin, Methylcobalamin.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Vitamin B12 5'-dezoksiadenosilkobalamin Methyl cobalamin	1000 mcg 500 mcg 500 mcg	40000

DV: Daily Value

30 O.D.T



11+



VITAMIN B2 (RIBOFLAVIN)



INGREDIENTS:

Cellulose, Riboflavin, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE:

1 capsule once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Vitamin B2 (Riboflavin)	100 mg	7142,8

DV: Daily Value



100 Capsules



11+



VITAMINS

VITAMIN B6 (P-5-P)

INGREDIENTS:

Maltodextrin, Hydroxypropyl methyl cellulose, Pyridoxal 5'-phosphate, Magnesium stearate.

SERVING SIZE:

1 capsule once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Vitamin B6	10 mg	714,28

DV: Daily Value



30 Capsules



11+



VITAMIN B6 (P-5-P) LIQUID



INGREDIENTS:

Purified water, Sorbitol, Pyridoxal 5'-fosfat, Sodium carbonate, Potassium sorbate, Raspberry flavor, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

Children between 4-10 years; 1 ml once a day,
11 years and above; 2 ml once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 ML)	DV%	AMOUNT PER SERVING (2 ML)	DV%
Vitamin B6	5 mg	357,14	10 mg	714,28

DV: Daily Value

 150ml

 4+

VITAMIN C 500 MG

INGREDIENTS:

L-ascorbic acid, Capsule shell (Hydroxypropyl methyl cellulose, Gellan gum), Silicon dioxide, Magnesium stearate.

SERVING SIZE:

2 capsules a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 CAPSULES)	DV%
Vitamin C	1000 mg	1250

DV: Daily Value

60 Capsules 11+



VITAMIN C PLUS



INGREDIENTS:

Vitamin C source (*L*-ascorbic acid, Citrus bioflavonoids, Fatty acids), Capsule shell (Hydroxypropyl methyl cellulose, Gellan gum).

PureWay-C™ is a licensed trademark of One Innovation Labs, LLC. DRcaps® is a licensed trademark of Lonza company.

SERVING SIZE:

1-2 capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%	AMOUNT PER SERVING (2 CAPSULES)	DV%
Vitamin C (PureWay-C™)	500 mg	625	1000 mg	1250

DV: Daily Value

60 Capsules 11+

VITAMIN D3 1000IU DROPS

INGREDIENTS:

Olive oil, Cholecalciferol.

SERVING SIZE:

1 drop once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 DROP)	DV%
Vitamin D	25 mcg (1000 IU)	500

DV: Daily Value



VITAMIN D3 1000 IU SPRAY



INGREDIENTS:

Olive oil, Cholecalciferol

SERVING SIZE:

1 puff once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 PUFF)	DV%
Vitamin D	25 mcg (1000 IU)	500

DV: Daily Value



20 ml



11+

VITAMIN D3 600 IU SPRAY

INGREDIENTS:

Olive oil, Cholecalciferol

SERVING SIZE:

1 puff once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 PUFF)	DV%
Vitamin D	15 mcg (600 IU)	300

DV: Daily Value



20 ml



11+



VITAMIN D3 400 IU SPRAY



INGREDIENTS:

Olive oil, Cholecalciferol

SERVING SIZE:

Children between 4-10 years: 1 puff once a day

11 years and above: 1-2 puff(s) a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 PUFF)	DV%
Vitamin D	10 mcg (400 IU)	200

DV: Daily Value



20 ml



4+

VITAMIN K2 (MENAQUINONE 7)

INGREDIENTS:

Maltodextrin, Hydroxypropyl methyl cellulose, Menaquinone 7 mixture (Maltodextrin and Menaquinone 7), Magnesium stearate, Silicon dioxide.

SERVING SIZE:

1-2 capsule(s) once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%	AMOUNT PER SERVING (2 CAPSULES)	DV%
Vitamin K	100 mcg	133,3	200 mcg	266,6

DV: Daily Value

60 Capsules 11+



VITAMIN K2 COMPLEX (MENAQUINONE 4 - MENAQUINONE 7)



INGREDIENTS:

Olive oil, Menaquinone 7 mixture (Olive oil and Menaquinone 7), Menaquinone 4 mixture (Olive oil and Menaquinone 4), Mixed tocopherol.

SERVING SIZE:

1 drop once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 DROP)	DV%
Vitamin K Menaquinone 4 Menaquinone 7	200 mcg 160 mcg 40 mcg	266,66

DV: Daily Value

 20 ml  11+



MINERALS

CHROMIUM



INGREDIENTS:

Cellulose, Hydroxypropyl methyl cellulose, Magnesium stearate, Chromium picolinate.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Chromium	200 mcg	500

DV: Daily Value



90 Capsules



11+



MINERALS

IODINE AND SELENIUM DROPS

INGREDIENTS

Purified water, potassium iodide, iodine, Sodium selenite, Citric acid.

SERVING SIZE:

Mix 1 drop in a glass of water.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 DROP)	DV%
Iodine*	150 mcg	100
Selenium	20 mcg	36,36

DV: Daily Value

*60 µg/drop from iodine and 90 µg/drop from potassium iodide.



30 ml



11+



IODINE DROP

42



INGREDIENTS:

Purified water, Potassium iodide, Iodine, citric acid.

SERVING SIZE:

1 drop once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 DROP)	DV%
Iodine	150 mcg	100

DV: Daily Value



MINERALS

IRON

INGREDIENTS:

Cellulose, Ferrous bisglycinate, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Iron	17 mg	121,4

DV: Daily Value



90 Capsules



11+



IRON BISGLYCINATE AND VITAMIN C



INGREDIENTS:

Cellulose, Ferrous bisglycinate, Hydroxypropyl methyl cellulose, *L*-ascorbic acid, Magnesium stearate.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
Vitamin C	60 mg	75
Iron	17 mg	121,4

DV: Daily Value



90 Capsules



11+



MINERALS

IRON SPRAY

INGREDIENTS:

Purified water, Sorbitol, Ferric sodium EDTA and Ferric ammonium citrate, Glycerol, Citric acid, Potassium sorbate, Caramel Flavor, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

Children between 4-10 years; 1 puff once a day
11 years and above; 2 puffs into the mouth once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 PUFF)	DV%	AMOUNT PER SERVING (2 PUFF)	DV%
Iron	5 mg	35,71	10 mg	71,42

DV: Daily Value



MAGNESIUM (BISGLYCINATE + CITRATE) AND P-5-P (VITAMIN B6) CAPSULE



INGREDIENTS:

Magnesium bisglycinate, Magnesium citrate, Hydroxypropyl methyl cellulose, Magnesium stearate, Pyridoxal 5'-phosphate.

SERVING SIZE:

1 capsule once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
Magnesium	140 mg	37,33
Vitamin B6 (pyridoxine)	5 mg	357,14

DV: Daily Value

 60 Capsules  11+



MAGNESIUM BISGLYCINATE CAPSULE

INGREDIENTS:

Magnesium bisglycinate, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE:

1 capsule once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Magnesium*	160 mg	42,66

DV: Daily Value

*160 mg elemental magnesium from 800 mg magnesium bisglycinate.

30 & 60 Capsules



MAGNESIUM CITRATE +MALATE AND P-5-P (VITAMIN B6) SACHET



INGREDIENTS:

Maltodextrin, Magnesium citrate malate, Pyridoxal 5'-phosphate.

SERVING SIZE:

1 sachet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%
Magnesium	250 mg	66,66
Vitamin B6	10 mg	714,28

DV: Daily Value



30 Sachets



11+



MINERALS

MAGNESIUM CITRATE AND P-5-P (VITAMIN B6)

INGREDIENTS:

Magnesium citrate, Cellulose, Polyvinylpyrrolidone, Coating material (HPMC, cellulose, magnesium stearate), Pyridoxal 5'-phosphate, Magnesium stearate.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Magnesium	200 mg	53,33
Vitamin B6 (pyridoxine)	5 mg	357,14

DV: Daily Value

60 Tablets

11+



MAGNESIUM CITRATE AND P-5-P (VITAMIN B6) CAPSULE



INGREDIENTS:

Magnesium citrate, Hydroxypropyl methyl cellulose, Cellulose, Pyridoxal 5'-phosphate, Magnesium stearate.

SERVING SIZE:

2 capsules once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (2 CAPSULES)	DV%
Magnesium	200 mg	53,33
Vitamin B6 (pyridoxine)	10 mg	714,28

DV: Daily Value



90 Capsules



11+



MINERALS

MAGNESIUM CITRATE AND P-5-P (VITAMIN B6) SACHET

INGREDIENTS:

Magnesium citrate, Maltodextrin, Pyridoxal 5'-phosphate, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

1 sachet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%
Magnesium	200 mg	53,33
Vitamin B6	5 mg	357,14

DV: Daily Value



60 Sachets



11+



MINERALS



MAGNESIUM CITRATE CAPSULE



INGREDIENTS:

Magnesium citrate, Hydroxypropyl methyl cellulose, Cellulose, Magnesium salts of fatty acids).

100 mg of elemental magnesium from 625 mg of trimagnesium citrate.

SERVING SIZE:

2 capsules once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 CAPSULES)	DV%
Magnesium	200 mg	53,33

DV: Daily Value

60 Capsules



11+



MINERALS

MAGNESIUM MALATE

INGREDIENTS:

Magnesium malate, Cellulose, Polyvinylpyrrolidone-vinyl acetate copolymer, Croscarmellose sodium, Coating material (HPMC, cellulose, magnesium stearate), Magnesium stearate.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Magnesium	200 mg	53,33

DV: Daily Value



60 Tablets



11+



MAGNESIUM MALATE CAPSULE

54



INGREDIENTS:

Magnesium malate, Hydroxypropyl methyl cellulose, Cellulose, Magnesium stearate.

100 mg of elemental magnesium from 357,143 mg of magnesium malate.

SERVING SIZE:

1-2 capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%	AMOUNT PER SERVING (2 CAPSULES)	DV%
Magnesium	100 mg	26,66	200 mg	53,33

DV: Daily Value

 60 Capsules  11+



MINERALS

MAGNESIUM L-THREONATE AND FIR EXTRACT CAPSULE

INGREDIENTS:

Magnesium *L*-threonate, Hydroxypropyl methyl cellulose, Standardized fir (*Abies* sp.) extract, Magnesium salts of fatty acids.

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Belinal® is a licensed trademark of Abies Labs GmbH.

SERVING SIZE:

Take 3 capsules a day; 1 capsule in the morning and 2 capsules 2 hours before bedtime.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (3 CAPSULES)	DV%
Magnesium (Magtein®)*	144 mg	38,4
Standardized fir extract (Belinal®)	75 mg	-
• Polyphenols (%66)	• 49,5 mg	

*From 2000 mg Magnesium *L*-treonat (Magtein®) to elemental Magnesium.

DV: Daily Value



90 Capsules



11+



SELENIUM

56



INGREDIENTS:

Cellulose, Croscarmellose sodium, Silicon dioxide, Magnesium stearate, L-selenomethionine.

SERVING SIZE:

1 tablet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Selenium	200 mcg	363,6

DV: Daily Value

45 Tablets



90 Tablets



MINERALS

ZINC

INGREDIENTS:

Cellulose, Capsule shell (Hydroxypropyl methyl cellulose, Gellan gum), Zinc picolinate, Magnesium stearate.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	DV%
Zinc	15 mg	150

DV: Daily Value



60 Capsules



11+



ZINC & COPPER



INGREDIENTS:

Cellulose, Capsule shell (Hydroxypropyl methyl cellulose, Gellan gum), Zinc picolinate, Copper sulfate pentahydrate, Magnesium stearate.

DRcaps®, is a licensed trademark of Lonza company.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
Zinc	15 mg	150
Copper	1500 mcg	150

DV: Daily Value



60 Capsules



11+



MINERALS

ZINC ACETATE LOZENGES

INGREDIENTS

Sorbitol, Mannitol, Zinc acetate dihydrate, Strawberry flavor, Magnesium stearate, Menthol flavor, Stevia (*Stevia rebaudiana*).

SERVING SIZE

1 lozenge a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 LOZENGE)	DV%
Zinc	15 mg	150

DV: Daily Value



30 Lozenges



11+



ZINC L-CARNOSINE

60



MINERALS

INGREDIENTS:

Cellulose, Hydroxypropyl methyl cellulose, Zinc L-carnosine, Silicon dioxide, Magnesium stearate.

SERVING SIZE:

1 capsule once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Zinc L-carnosine	67 mg
 30 CAPSULES	 11+
	 60 CAPSULES



OMEGA 3

PHOSPHOTIDYLSERINE AND OMEGA 3



INGREDIENTS:

Fish oil (*Triglyceride form*), Phosphatidylserine source (Phosphatidylserine, Soy lecithin, Silicon dioxide, Ascorbil palmitate, Mixed Tocopherol), Bovine gelatin, Glycerol, Orange flavour, Pure water, Iron oxides, Mixed tocopherol.

SERVING SIZE:

2 softgel capsules a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C. .

ACTIVE INGREDIENTS	AMOUNT PER SERVING (2 CAPSULES)
Fish oil Omega 3 EPA DHA	1600 mg 1040 mg 576 mg 384 mg
Phosphatidylserine	300 mg
30 Softgel Capsules	11+



OMEGA 3

PHOSPHOTIDYLSERINE AND DHA LIQUID

INGREDIENTS:

Fish Oil (Triglyceride form), Medium chain triglycerides, **Phosphatidylserine**.

SERVING SIZE:

Children between 4-10 years; 5 ml (1 dessert spoon) per day,
11 years and above; 10 ml per day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (5 ML)	AMOUNT PER SERVING (10 ML)
Fish oil	2325 mg	4650 mg
Omega 3	697,5 mg	1395 mg
EPA (Eicosapentaenoic acid)	116,25 mg	232,5 mg
DHA (Docosahexaenoic acid)	581,25 mg	1162,5 mg
Phosphatidylserine	100 mg	200 mg
 150ml  4+		



OMEGA 3 

OMEGA 3 1600 FISH OIL

64



INGREDIENTS:

Fish oil (Triglyceride form), Bovine gelatin, Deionized water, Glycerol, Mixed Tocopherol.

SERVING SIZE:

1-2 softgel capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Fish oil Omega 3 EPA (Eicosapentaenoic acid) DHA (Docosahexaenoic acid)	1600 mg 1280 mg 640 mg 480 mg	3200 mg 2560 mg 1280 mg 960 mg
30 Softgel Capsules  11+		



OMEGA 3

OMEGA 3

INGREDIENTS:

Fish oil (Triglyceride form), Bovine gelatin, Deionized water, Glycerol, Orange flavor, Mixed Tocopherol.

SERVING SIZE:

1-2 softgel capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Fish oil	950 mg	1900 mg
Omega 3	617,5 mg	1235 mg
EPA (Eicosapentaenoic acid)	342 mg	684 mg
DHA (Docosahexaenoic acid)	228 mg	456 mg
60 Softgel Capsules	11+	



OMEGA 3



ULTRA OMEGA 3

66



OMEGA 3

INGREDIENTS:

Fish oil (Triglyceride form), Bovine gelatin, Deionized water, Glycerol, Mixed Tocopherol.

SERVING SIZE:

1-2 softgel capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Fish oil	1440 mg	2880 mg
Omega 3	1152 mg	2304 mg
EPA (Eicosapentaenoic acid)	576 mg	1152 mg
DHA (Docosahexaenoic acid)	432 mg	864 mg
60 Softgel Capsules	11+	30 Softgel Capsules



SPECIAL PRODUCTS

5-HTP

68



INGREDIENTS:

Mannitol, Hydroxypropyl methyl cellulose, 5-Hydroxytryptophan, Isomaltulose, Magnesium stearate, Silicon dioxide.

SERVING SIZE:

1-2 capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
5-Hydroxytryptophan (5-HTP)	100 mg	200 mg
30 Capsules 11+		



SPECIAL PRODUCTS

ASTAXANTHIN 3 MG

INGREDIENTS

Olive oil, Bovine gelatin, Astaxanthin source (*Haematococcus pluvialis* Flotow extract*, Olive oil, Alpha tocopherol), Glycerol, Purified water.

*It was obtained by super-critical carbon dioxide method.

SERVING SIZE

1 softgel capsule a day.

STORAGE

Store in a cool and dry place at temperature below 25°C

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Astaxanthin	3 mg	6 mg
30 Softgel Capsules		
11+		



SPECIAL PRODUCTS



ASTAXANTHIN 12 MG



INGREDIENTS

Olive oil, Bovine gelatin, Astaxanthin source (*Haematococcus pluvialis* Flotow extract*, Olive oil, Alpha tocopherol), Glycerol, Purified water.

*It was obtained by super-critical carbon dioxide method.

SERVING SIZE

1 softgel capsule a day.

STORAGE

Store in a cool and dry place at temperature below 25°C

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Astaxanthin	12 mg
30 Softgel Capsules	11+



SPECIAL PRODUCTS

BETA GLUCAN, ECHINACEA, ROSE HIP, VITAMIN C AND ZINC

INGREDIENTS:

Cellulose, 1,3-1,6 Beta Glucan, Capsule shell (Hydroxypropyl methyl cellulose and Gellan gum), Calcium L-ascorbate, Echinacea extract (*Echinacea purpurea*), Zinc picolinate, Rose hip fruit extract (*Rosa canina* L.), Magnesium stearate.

SERVING SIZE:

2 capsules a day with meals.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (2 CAPSULES)	DV%
Beta Glucan	300 mg	-
Vitamin C	120 mg	150
Echinacea (<i>Echinacea purpurea</i>)	100 mg	-
Rose Hip (<i>Rosa canina</i> L.)	50 mg	-
Zinc	15 mg	150

DV: Daily Value



30 Capsules



11+



SPECIAL PRODUCTS



BETAINE HCL, PEPSIN, AND GENTIAN ROOT EXTRACT



INGREDIENTS:

Betaine HCl, Capsule shell (Hydroxypropyl methylcellulose), Gentian root extract mixture (Gentian root (*Gentiana lutea*) extract and Maltodextrin), Pepsin* (plant-based source), Anti-caking agent (Magnesium salts of fatty acids), Bulking agent (Cellulose).

*Fungal pepsin obtained from *Aspergillus niger*.

SERVING SIZE:

It is recommended to take 1-2 capsules three times a day with a glass of water before meals.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (3 CAPS.)	AMOUNT PER SERVING (6 CAPS.)
Betain HCl	1500 mg	3000 mg
Pepsin	150 mg	300 mg
Gentian root extract	150 mg	300 mg



90 Capsules



11+



SPECIAL PRODUCTS

CALCIUM, MAGNESIUM, ZINC AND VITAMIN D3 SACHETS

INGREDIENTS:

Sorbitol, Calcium citrate, Magnesium citrate, Banana flavor, Stevia (*Stevia rebaudiana*), Zinc picolinate, Cholecalciferol.

SERVING SIZE:

1 sachet once a day with a glass of water.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%
Calcium	1000 mg	125
Magnesium	100 mg	26,66
Zinc	15 mg	150
Vitamin D	25 mcg (1000 IU)	500

DV: Daily Value



30 Satchets



11+



SPECIAL PRODUCTS



CITICOLINE CAPSULE

**INGREDIENTS:**

Citicoline, Cellulose, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE:

1-2 capsule(s) once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Citicoline	250 mg	500 mg
30 Capsules 11+		



SPECIAL PRODUCTS

CREATINE MONOHYDRATE

INGREDIENTS:

Creatine Monohydrate.

STORAGE:

1 spoon (1 g) a day by mixing a glass of water, 3 times a day.

SERVING SIZE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (3 SPOONS)
Creatine	2,64 gr*

**From 3 gr Creatine Monohydrate.*

 150gr

 11+



SPECIAL PRODUCTS



GREEN TEA EXTRACT AND VITAMIN C CAPSULE



INGREDIENTS:

Green tea (*Camellia sinensis*) extract, Stabilizer (Cellulose), Capsule shell (Hydroxypropyl methylcellulose), L-ascorbic acid, Anti-caking agent (Magnesium oxide and Magnesium salts of fatty acids)

SERVING SIZE:

It is recommended to consume 2 capsules per day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%	AMOUNT PER SERVING (2 CAPSULES)	DV%
Green tea extract (<i>Camellia sinensis</i>) • Polyphenol (98%) • Epigallocatechin gallate (EGCG) (50%)	•250 mg • 245 mg • 122,5 mg	-	•500 mg • 490 mg • 245 mg	-
Vitamin C	15 mg	18,75	30 mg	37,5

DV: Daily Value



60 Capsules



11+



SPECIAL PRODUCTS

GLYCINE

INGREDIENTS:

Glycine.

STORAGE:

1 g (1 scoop) once a day with a glass of water.

SERVING SIZE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 GR)
Glycine	1 gr
 150gr  11+	



SPECIAL PRODUCTS



IMUMIX ROYAL JELLY POWDER ANDELBERRY CONCENTRATE LIQUID



INGREDIENTS:

Water, Honey, Blueberry (*Vaccinium myrtillus*) concentrate, Black elderberry (*Sambucus nigra*) concentrate, Date molasses, Blackberry (*Rubus fruticosus*) concentrate, Royal jelly powder, Barbados Cherry (*Malpighia punicifolia* L.) extract, Preservative (Potassium sorbate and Sodium benzoate), Flavoring (Raspberry flavor).

SERVING SIZE:

15 ml once a day for children aged 4-10 and adults aged 11 and over.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (15 ML)
Royal jelly	200 mg
Barbados Cherry (<i>Malpighia punicifolia</i> L.) extract	150 mg
Blueberry (<i>Vaccinium myrtillus</i>) concentrate	750 mg
Black elderberry (<i>Sambucus nigra</i>) concentrate	500 mg
Blackberry (<i>Rubus fruticosus</i>) concentrate	375 mg
150 ml 4+	



SPECIAL PRODUCTS

L-ARGININE, COENZYME Q10 AND HERBAL EXTRACTS

INGREDIENTS:

L-arginine hydrochloride, *Tribulus terrestris* extract, *Lepidium* (Maca) (*Lepidium meyenii*) extract, Cellulose, Polyvinylpyrrolidone, Coating mix (Hydroxypropyl cellulose, Hydroxypropyl methyl cellulose, Calcium carbonate and Copper chlorophyllin), *Epimedium* extract, Croscarmellose sodium, Coenzyme Q10, Korean Ginseng (*Panax ginseng*) extract, Silicon dioxide, Magnesium stearate.

SERVING SIZE:

1 tablet twice a day with or after meals.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (2 TABLETS)
L-arginine	1000 mg
<i>Tribulus terrestris</i> extract	500 mg
<i>Lepidium</i> (Maca) (<i>Lepidium meyenii</i>) extract	340 mg
<i>Epimedium</i> extract	100 mg
Coenzyme Q10	60 mg
Korean Ginseng (<i>Panax ginseng</i>) extract	50 mg

60 Tablets



SPECIAL PRODUCTS



L-CARNITINE AND TAURINE



INGREDIENTS

Pure water, L-carnitine, Taurine, Malic acid, Xanthan gum, Potassium sorbate, Strawberry flavor, Stevia (*Stevia rebaudiana*).

SERVING SIZE

12,5 ml once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (12,5 ML)
L-carnitine	1500 mg
Taurine	210 mg
25 ml x 20 Bottles 11+	



SPECIAL PRODUCTS

L-GLUTAMINE SACHET

INGREDIENTS:

L-Glutamin

SERVING SIZE:

1-2 sachet(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 SACHET)	AMOUNT PER SERVING (2 SACHETS)
L-Glutamine	5000 mg	10000 mg
 30 Sachets  11+		



SPECIAL PRODUCTS



MAGNESIUM L-THREONATE AND FIR SHOOTS EXTRACT CAPSULES

82



INGREDIENTS:

Magnesium L-threonate, Hydroxypropyl methyl cellulose, Standardized fir shoots (*Abies* sp.), Magnesium stearate.

SERVING SIZE:

3 capsules a day (1 in the morning and 2 before bedtime).

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (3 CAPSULES)	DV%
Magnesium (Magtein®)*	144 mg	38,4
Standardized fir shoots extract (Belinal®)	75 mg	-
• Polyphenols (66%)	• 49,5 mg	

DV: Daily Value

*From 2000 mg magnesium L-threonate (Magtein®).



90 Capsules



11+



SPECIAL PRODUCTS

METHYL PLUS CREATINE, BETAINE, ALPHA GLYCEROPHOSPHOCOLINE AND VITAMINS B

INGREDIENTS

Maltodextrin, Creatine monohydrate, Betaine, Alpha glycerophosphocholine, Silicon dioxide, Pyridoxal 5'-phosphate, Riboflavin 5'-phosphate sodium, (6S)-5-Methyltetrahydrofolic acid glucosamine salt, Methyl cobalamin.

SERVING SIZE

1 sachet a day by mixing a glass of water.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%
Creatine	500 mg	-
Betaine	500 mg	-
Alpha glycerophosphocholine	300 mg	-
Vitamin B6 (Pyridoxine)	10 mg	714,28
Vitamin B2 (Riboflavin)	5 mg	357,14
Vitamin B12 (Cobalamin)	1000 mcg	40000
Folic Acid	400 mcg	200

DV: Daily Value



30 Sachets



11+



SPECIAL PRODUCTS



DIM COMPLEX DIINDOLYLMETHANE AND HERBAL EXTRACTS



INGREDIENTS:

Calcium D-glucarate, Capsule shell (Hydroxypropyl methylcellulose), Diindolylmethane (DIM), Stabilizer (Cellulose), Anti-caking agent (Magnesium oxide), Japanese knotweed (*Polygonum cuspidatum*) extract, Pomegranate Fruit Peel (*Punica granatum*) extract, Broccoli (*Brassica oleracea* L. var. *italica* L.) extract, Green tea (*Camellia sinensis*) extract, Grape (*Vitis vinifera*) extract, Anti-caking agent (Magnesium salts of fatty acids and Silicon dioxide), Black pepper (*Piper nigrum* L.) extract.

SERVING SIZE:

1-2 capsule(s) a day with meals.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Diindolylmethane (DIM)	100 mg	200 mg
Japanese knotweed (<i>Polygonum cuspidatum</i>) extract • Resveratrol (98%)	25,511 mg • 25 mg	51,022 mg • 50 mg
Pomegranate Fruit Peel (<i>Punica granatum</i>) extract • Ellagic acid (20%)	25 mg • 5 mg	50 mg • 10mg
Broccoli (<i>Brassica oleracea</i> L. var. <i>italica</i> L.) extract	25 mg	50 mg
Green tea (<i>Camellia sinensis</i>) extract • Polyphenols (98%) > Epigallocatechin gallate (EGCG) (50%)	12,5 mg • 12,25 mg > 6,25 mg	24,5 mg • 24,5 mg > 12,5 mg
Calcium D-glucarate	125 mg	250 mg
Grape (<i>Vitis vinifera</i>) extract	12.5 mg	25 mg
Black pepper (<i>Piper nigrum</i> L.) extract • Piperine (95%)	2.632 mg • 2.5 mg	5.264 mg • 2.5 mg



N-ACETYL D-GLYCOSAMINE (N.A.G)

INGREDIENTS:

Cellulose, **N-acetyl D-glycosamine**, Polyvinylpyrrolidone, Croscarmellose sodium, Magnesium stearate, Silicon dioxide.

SERVING SIZE:

1-2 tablet(s) once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.
Please consult your doctor if you use this product more than 3 months.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	AMOUNT PER SERVING (2 TABLETS)
N-Acetyl D-Glycosamine	500 mg	1000 mg
90 Tablets 18+		



SPECIAL PRODUCTS



PROPOLIS DROP



INGREDIENTS:

Propolis extract (Glycerol, Water, Propolis), Honey, Purified water, Menthol flavor.

STORAGE:

1 ml once a day for 4-10 years children.

2 ml once a day for 11 years and above.

SERVING SIZE:

Store in a cool and dry place at temperature below 25°C. Since it is produced from natural ingredients, precipitate may be observed. Shake well before use.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 ML) (23 DROPS)	AMOUNT PER SERVING (2 ML) (46 DROPS)
Propolis • Polyphenol	100 mg • 5 mg	200 mg • 10 mg
 30 ml  4+		



EQUOPAUSA SOY ISOFLAVONES

INGREDIENTS:

Soy bean (*Glycine max* (L.) Merr.) extract (Soya isoflavones and Maltodextrin), Cellulose, Magnesium oxide, Calcium carbonate blend (Calcium carbonate and Maltodextrin), Silicon dioxide, Magnesium salts of fatty acids, Japanese knotweed (*Polygonum cuspidatum*) root extract, Menaquinone 7 (Vitamin K2), Polyvinyl alcohol, Calcium carbonate, Polyethylene glycol, Talc, Cholecalciferol.

SERVING SIZE:

1 tablet once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	DV%
Soy bean (<i>Glycine max</i> (L.) Merr.) extract • Soy Isoflavones	150 mg • 60 mg	1000 mg
Magnesium	56,25 mg	
Vitamin K	11,25 mg	
Japanese knotweed (<i>Polygonum cuspidatum</i>) root extract • Resveratrol	10,21 mg • 10 mg	
Vitamin D	5 µg	

 20 Tablets  11+



SPECIAL PRODUCTS 

MULTIVITAMIN, MULTIMINERAL AND DHA



INGREDIENTS

Fish oil, Bovine gelatin, Sunflower oil, Glycerol, L-ascorbic acid, Zinc picolinate, Sorbitol, Purified water, Nicotinamide, D-alpha-tocopheryl acetate, Silicon dioxide, Menaquinone 7, D-pantothenate calcium, Copper sulfate pentahydrate, Manganese sulfate monohydrate, Pyridoxal 5'-phosphate, Beeswax white, Riboflavin 5'-phosphate sodium, Black iron oxide, Thiamine hydrochloride, (6S)-5-methyltetrahydrofolic acid glucosamine salt, Vitamin D [(medium chain triglyceride, Cholecalciferol, DL-alpha-tocopherol (Vitamin E)], Red iron oxide, Potassium iodide, Sodium selenite, Sodium molybdate, D-biotin, Methylcobalamin.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.



MULTIVITAMIN, MULTIMINERAL AND DHA

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
Fish oil	375 mg	-
Omega 3	112,5 mg	-
EPA	18,75 mg	
DHA	93,75 mg	
Vitamin C	70 mg	87,5
Vitamin E	13 mg α-TE	108,33
Iron	17 mg	121,42
Zinc	10 mg	100
Vitamin B3	16 mg NE	100
Vitamin B5	6 mg	100
Vitamin B6	1,6 mg	114,28
Vitamin B2	1,4 mg	100
Vitamin B1	1,1 mg	100
Manganese	1 mg	50
Copper	1000 mcg	100
Vitamin B12	2,5 mcg	100
Folic Acid	400 mcg	200
Molybdenum	35 mcg	70
Iodine	150 mcg	100
Selenium	55 mcg	100
Biotin	50 mcg	100
Vitamin K	35 mcg	46,66
Vitamin D	10 mcg	200

DV: Daily Value



SPECIAL PRODUCTS



PROBIOTIC TRANSIT



INGREDIENTS:

Microcrystalline cellulose, Probiotic microorganisms (*Bifidobacterium lactis* Bi-07® ATCC SD-5220, *Lactobacillus acidophilus* NCFM® ATCC SD-5221, *Bifidobacterium lactis* BI-04® ATCC SD-5219, *Lacticaseibacillus paracasei* Lpc-37® ATCC SD-5275), Hydroxypropyl methyl cellulose, Magnesium stearate, Silicon dioxide.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)
Probiotic microorganisms	1 x 10 ¹⁰ cfu
• <i>Bifidobacterium lactis</i> Bi-07® ATCC SD-5220	2,5 x 10 ⁹ cfu
• <i>Lactobacillus acidophilus</i> NCFM® ATCC SD-5221	2,5 x 10 ⁹ cfu
• <i>Bifidobacterium lactis</i> BI-04® ATCC SD-5219	2,5 x 10 ⁹ cfu
• <i>Lacticaseibacillus paracasei</i> Lpc-37® ATCC SD-5275	2,5 x 10 ⁹ cfu



30 Capsules



11+



SPECIAL PRODUCTS

PROBIOTIC SUPPORT

INGREDIENTS:

Microcrystalline cellulose, Hydroxypropyl methyl cellulose, Probiotic microorganisms (*Lactobacillus acidophilus* NCFM® ATCC SD-5221, *Bifidobacterium animalis subsp. lactis* HN019 ATCC SD-5674), Magnesium stearate, Silicon dioxide.

SERVING SIZE:

1 capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)
Probiotic microorganisms	1×10^{10} cfu
• <i>Lactobacillus acidophilus</i> NCFM® ATCC SD-5221	5×10^9 cfu
• <i>Bifidobacterium animalis subsp. lactis</i> HN019 ATCC SD-5674	5×10^9 cfu

30 Capsules



SPECIAL PRODUCTS



PASSIFLORA AND HERBAL EXTRACTS



INGREDIENTS:

Passiflora (*Passiflora incarnata*) extract, Valerian (*Valeriana officinalis*) extract, Capsule shell (Hydroxypropyl methylcellulose), Standardized Rhodiola Root Extract Source [Rhodiola (*Rhodiola rosea*) root extract, Maltodextrin, Anti-caking agent (Silicon dioxide)], Lemon Balm (*Melissa officinalis*) extract, Anti-caking agent (Magnesium oxide, Silicon dioxide, and Magnesium salts of fatty acids).

STORAGE:

Take 1-2 capsules once a day with or after meals.

SERVING SIZE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Passiflora (<i>Passiflora incarnata</i>) extract	300 mg	600 mg
Valerian (<i>Valeriana officinalis</i>) extract • Valerenic acid	150 mg • 0.45 mg	300 mg • 0.9 mg
Standardized Rhodiola Root Extract Source • Rhodiola (<i>Rhodiola rosea</i>) root extract • Rosavin • Salidroside	58.51 mg • 50 mg • 1 mg • 0.5 mg	117.02 mg • 100 mg • 2 mg • 1 mg
Lemon Balm (<i>Melissa officinalis</i>) extract	50 mg	100 mg

60 Capsules 11+



SPECIAL PRODUCTS

SAM-E (S-ADENOSYL METHIONINE)

INGREDIENTS:

Maltodextrin, S-Adenosyl Methionine mixture [S-Adenosyl L-methionine Disulfate P-toluenesulfonate, Thickener (Calcium chloride), Acidity regulator (Calcium oxide)], Anti-caking agent (Silicon dioxide).

SERVING SIZE:

1-2 sachet(s) a day by mixing a glass of water.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 SACHET)	AMOUNT PER SERVING (2 SACHETS)
SAM-e (S-Adenosyl Methionine)	200 mg	400 mg
 30 Sachets  11+		



SPECIAL PRODUCTS



SAM-E (S-ADENOSYL METHIONINE) CAPSULE



INGREDIENTS:

S-Adenosyl Methionine mixture [S-Adenosyl L-methionine Disulfate P-toluenesulfonate, Thickener (Calcium chloride), Acidity regulator (Calcium oxide)], Capsule shell (Hydroxypropyl methylcellulose), Anti-caking agent (Magnesium salts of fatty acids).

SERVING SIZE:

1-2 sachet(s) a day by mixing a glass of water.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
SAM-e (S-Adenosyl Methionine)	150 mg	300 mg
60 Capsules  11+		



SPECIAL PRODUCTS

SAW PALMETTO PLUS L-ARGININE, LYCOPENE, MINERALS AND HERBAL EXTRACTS

"Excessive consumption may have a laxative effect."

INGREDIENTS:

Sunflower oil, Edible gelatin (Bovine gelatin), Saw palmetto (*Serenoa repens*) extract, Pumpkin (*Cucurbita pepo*) oil, L-arginine, Glycerol, Sorbitol, Nettle (*Urtica dioica*) extract, Purified water, Zinc sulphate, Beeswax, white, Lecithin (Soy lecithin), Iron oxide (black), Iron oxide (red), Tomato (*Lycopersicon esculentum* Mill.) extract, Sodium selenite.

SERVING SIZE:

1-2 softgel capsule once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%	AMOUNT PER SERVING (2 CAPSULES)	DV%
Saw palmetto (<i>Serenoa repens</i>) extract	300 mg	-	600 mg	
Pumpkin (<i>Cucurbita pepo</i>) oil (Cold pressed)	300 mg	-	600 mg	
L-Arginine	180 mg		360 mg	
Nettle (<i>Urtica dioica</i>) extract	62,50 mg	-	125 mg	
Zinc	7,50 mg	75	15 mg	150
Lycopene	500 mcg	-	1000 mcg	
Selenium	55 mcg	100	110 mcg	200

DV: Daily Value

60 Softgel Capsules



SPECIAL PRODUCTS



CHLORELLA



INGREDIENTS:

Chlorella (*Chlorella pyrenoidosa*) extract, Hydroxypropyl methyl cellulose.

SERVING SIZE:

1-3 capsule(s) a day with meals.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)	AMOUNT PER SERVING (3 CAPSULES)
Chlorella (<i>Chlorella pyrenoidosa</i>) extract	520 mg	1040 mg	1560 mg

60 Capsules

11+



SPECIAL PRODUCTS

ZEAXANTHIN, LUTEIN, RESVERATROL AND VITAMIN C

INGREDIENTS:

Sunflower oil, Bovine gelatin, L-ascorbyl 6-palmitate, Glycerol, Marigold (*Calendula officinalis*) extract (Lutein source), Sorbitol, Pure water, Zeaxanthin mixture (Medium chain triglycerides, Zeaxanthin and Alpha-tocopherol), Resveratrol, Iron oxides.

SERVING SIZE:

1 softgel capsule a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
Vitamin C	60 mg	75
Lutein	10 mg	-
Resveratrol	10 mg	-
Zeaxanthin	2 mg	-

DV: Daily Value

30 Softgel Capsules



SPECIAL PRODUCTS





ANTIOXIDANTS

PLUS ALPHA LIPOIC ACID 200 MG

INGREDIENTS:

Dicalcium phosphate, Alpha Lipoic Acid (87%) (R- Alpha Lipoic acid), Hydroxypropyl methyl cellulose, Gellan gum, Iron oxide, Silicon dioxide, Magnesium stearate.

SERVING SIZE:

1 capsule 1-3 times a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)	AMOUNT PER SERVING (3 CAPSULES)
Alpha Lipoic Acid (R-Alpha Lipoic acid)	200 mg	400 mg	600 mg
30 Capsules 11+			



ANTIOXIDANTS

ALPHA LIPOIC ACID



INGREDIENTS:

Alpha Lipoic acid, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE:

1 capsule, 3 times a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (3 CAPSULES)
Alfa Lipoic Acid	600 mg
 90 Capsules	 11+



ANTIOXIDANTS

ALPHA LIPOIC ACID 600 MG

INGREDIENTS:

Medium Chain Triglycerides, Alpha Lipoic Acid, Edible gelatin (bovine gelatin), Humectant (Glycerol), Stabilizer (Sorbitol and Polyglycerol Esters of Fatty Acids), Purified Water, Colorant (Iron Oxide Red).

SERVING SIZE:

Take one capsule once a day on an empty stomach.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Alpha Lipoic Acid	600 mg
 60 Softgel Capsules	 11+



ANTIOXIDANTS 

COQ-10 COENZYME Q10 100 MG



INGREDIENTS:

Sunflower oil, Bovine gelatin, Glycerol, Pure water, Iron oxides, Coenzyme Q10 (Ubiquinone), **Soy Lecithin**, Beeswax White.

SERVING SIZE:

1-2 softgel capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Coenzyme Q10 (Ubiquinone)	100 mg	200 mg
30 Softgel Capsules		



ANTIOXIDANTS

COENZYME Q10 AND ALPHA LIPOIC ACID

INGREDIENTS:

Sunflower oil, Alpha Lipoic Acid, Bovine gelatin, Coenzyme Q10 (Ubiquinone), Glycerol, Pure water, Iron oxides.

SERVING SIZE:

1-2 softgel capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Alpha Lipoic Acid	200 mg	400 mg
Coenzyme Q10 (Ubiquinone)	100 mg	200 mg

 **60 Softgel Capsules**  **11+**



ANTIOXIDANTS 

COQ-10 COENZYME Q10 200 MG



INGREDIENTS:

Sunflower oil, Bovine gelatin, Glycerol, Pure water, Iron oxides, Coenzyme Q10 (Ubiquinone), **Soy Lecithin**, Beeswax White.

SERVING SIZE:

1 softgel capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Coenzyme Q10 (Ubiquinone)	200 mg
30 Softgel Capsules	11+



ANTIOXIDANTS

L-CITRULLINE, L-ARGININE, AND MINERAL CAPSULE

INGREDIENTS:

L-Citrulline, L-Arginine, Capsule shell (Hydroxypropyl methylcellulose), Zinc sulfate, Anti-caking agent (Magnesium salts of fatty acids), Sodium selenite.

SERVING SIZE:

Take 4 capsules daily, 2 capsules on an empty stomach in the morning and 2 capsules on an empty stomach in the evening.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	DV%
L-citrulline	1000 mg	-
L-arginine	1000 mg	-
Zinc	10 mg	100
Selenium	100 mcg	181,8

 60 Capsules



11+



ANTIOXIDANTS 

L-GLUTATHIONE 250 MG



INGREDIENTS:

Glutathione, Hydroxypropyl methyl cellulose, Dicalcium phosphate, Magnesium stearate.

SERVING SIZE:

1-2 capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Glutathione	250 mg	500 mg
30 Capsules 11+		



ANTIOXIDANTS

PQQ+ALA+COQ PYROLOQUINOLINE QUINONE, ALPHA LIPOIC ACID AND COENZYME Q10

INGREDIENTS:

Sunflower oil, Bovine gelatine, Coenzyme Q10, Alpha Lipoic Acid, Glycerol, Purified water, Pyroloquinoline quinone disodium salt, Iron oxides.

SERVING SIZE:

1 softgel capsule a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)
Alpha Lipoic Acid	100 mg
Coenzyme Q10 (Ubiquinone)	100 mg
Pyroloquinoline Quinone	20 mg
 30 Capsules	 11+



ANTIOXIDANTS 



HERBAL PRODUCTS

CRANBERRY AND D-MANNOSE

INGREDIENTS

Sunflower oil, Cranberry (*Vaccinium macrocarpon* Aiton), D-mannose, Bovine gelatin, Glycerol, Purified water, Beeswax (white), Iron oxide (red).

SERVING SIZE:

1-2 softgel capsule(s) a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Cranberry (<i>Vaccinium macrocarpon</i> Aiton) extract	250 mg	500 mg
D-Mannose	200 mg	400 mg

30 Softgel Capsules



11+



HERBAL PRODUCTS



BERBERIS VULGARIS



INGREDIENTS

Berberis Vulgaris Extract, Hydroxypropyl methyl cellulose, Magnesium stearate, Silicon dioxide.

SERVING SIZE:

1-2 capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Berberis Vulgaris Extract	500 mg	1000 mg
60 Capsules  11+		



HERBAL PRODUCTS

CHASTE TREE FRUIT EXTRACT AND P-5-P (VITAMIN B6)

INGREDIENTS

Cellulose, Chaste Tree extract (Chaste Tree fruit extract (*Vitex agnus-castus*), Maltodextrin, Silicon dioxide), Polyvinylpyrrolidone, Croscarmellose sodium, Magnesium stearate, Silicon dioxide, Pyridoxal 5'-phosphate.

SERVING SIZE

2-3 tablets a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 TABLETS)	DV%	AMOUNT PER SERVING (3 TABLETS)	DV%
Chaste Tree fruit extract	500 mg	-	750 mg	-
Vitamin B6 (Pyridoxine)	5 mg	357,14	7.5 mg	535,71

DV: Daily Value

60 Tablets



11+



HERBAL PRODUCTS



SLYMARIN (MILK THISTLE)



INGREDIENTS

Dicalcium phosphate, Milk Thistle (*Silybum marianum*) extract, Hydroxypropyl methyl cellulose, Magnesium stearate, Silicon dioxide.

SERVING SIZE

2 capsules a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 CAPSULES)
Milk Thistle (<i>Silybum marianum</i>) extract	300 mg
• Silymarin	240 mg
60 Capsules 11+	



HERBAL PRODUCTS

CURCUMIN

INGREDIENTS

Liquid turmeric concentrate in micellar structure [Turmeric (*Curcuma longa* (*C.domestica*)) extract, Polysorbate 80)], Bovine gelatin, Glycerol, Sorbitol, Purified water.

SERVING SIZE

1 softgel capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Liquid turmeric concentrate in micellar structure; Total curcuminoids Curcumin	800 mg 48 mg 41mg
30 Softgel Capsules	11+



HERBAL PRODUCTS



SAMBU-C ELDER EXTRACT, VITAMIN C AND ZINC SUGARLESS LIQUID



INGREDIENTS

Purified water, Sorbitol, Glycerol, Elder (*Sambucus nigra*) extract, L-ascorbic acid, Potassium sorbate, Raspberry Flavour, Zinc gluconate, Trisodium citrate, Stevia (*Stevia rebaudiana*)
"Berry Shield™ Technology is a trademark of Asiros A / S."

SERVING SIZE

Children between 4-10 years; 10 ml, 1-2 times a day,
11 years and above; 10 ml ,3-4 times a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.
After opening, keep in refrigerator and use within 1 month.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (10 ML)	AMOUNT PER SERVING (20 ML)	AMOUNT PER SERVING (30 ML)	AMOUNT PER SERVING (40 ML)
Elder (<i>Sambucus nigra</i>) extract (BerryShield™)	140,74 mg	281,48 mg	422,22 mg	562,96 mg
Vitamin C DV%	110 mg 137,5	220 mg 275	330 mg 412,5	440 mg 550
Zinc DV%	2,6 mg 26	5,2 mg 52	7,8 mg 78	10,4 mg 104

DV: Daily Value

 150 ml

 4+



HERBAL PRODUCTS

RESVERATROL

INGREDIENTS

Resveratrol, Cellulose, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE

1-2 capsule(s) a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Resveratrol	250 mg	500 mg
30 Capsules 11+		



HERBAL PRODUCTS



STANDARDIZED RHODIOLA ROOT EXTRACT



INGREDIENTS

Standardized Rhodiola root extract (*Rhodiola (Rhodiola rosea)* root extract, Maltodextrin, Silicon dioxide), Cellulose, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Rhodiola (<i>Rhodiola rosea</i>) root extract	250 mg
Rosavin	11,7 mg
Salidroside	2,93 mg



60 Capsules



11+



HERBAL PRODUCTS

QUERCETIN

INGREDIENTS

Quercetin, Hydroxypropyl methyl cellulose, Magnesium stearate and Silicon dioxide.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Quercetin	500 mg
 60 Capsules  11+	



HERBAL PRODUCTS



PELARGONIUM (PELARGONIUM SIDOIDES) LIQUID



INGREDIENTS

Purified water, Glycerol, Honey, Pelargonium (*Pelargonium sidoides*) root extract, Potassium sorbate, Citric acid.

SERVING SIZE

Children between 4-10 years; 1 ml, 3 times a day,
11 years and above; 1.5 ml, 3 times a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (3 ML)	AMOUNT PER SERVING (4,5 ML)
Pelargonium (<i>Pelargonium sidoides</i>) root extract	60 mg	90 mg
 20ml  4+		



HERBAL PRODUCTS

INULIN AND FRUCTOOLIGOSACCHARIDE (FOS) SACHET

INGREDIENTS

Chicory root (*Cichorium intybus*) extract [Inulin, Fructooligosaccharide (FOS)]

Orafti®Synergy1, is a licensed trademark of BENEIO company.

SERVING SIZE

1-2 sachets once a day with a glass water. Then it is recommended to drink plenty of water. The opened sachet should be used immediately without waiting.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	AMOUNT PER SERVING (2 SACHETS)
Inulin	3,68 g	7,36 g
(FOS) Fructooligosaccharide	3,68 g	7,36 g
 30 Sachets  11+		



HERBAL PRODUCTS



BROMELAIN



INGREDIENTS

Bromelain, Hydroxypropyl methyl cellulose.

SERVING SIZE

1 capsule once a day

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
Bromelain (2400 GDU/g)	500 mg
60 Capsules 11+	



HERBAL PRODUCTS

EVENING PRIMROSE OIL 1000 MG

INGREDIENTS

Evening primrose oil (*Oenothera biennis*), Bovine gelatin, Glycerol, Pure water, Sorbitol.

SERVING SIZE

1-2 softgel capsule once a day.
It is not used for children under 12 years of age.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Evening primrose oil (<i>Oenothera biennis</i>)	1000 mg	2000 mg
• Gamma-linolenic acid	•90 mg	•180 mg
 60 Softgel Capsules		 12+



HERBAL PRODUCTS



PSYLLIUM HUSK POWDER 500 MG



INGREDIENTS

Psyllium husk, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE

2 capsules once a day

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 CAPSULES)
Psyllium (<i>Plantago ovata</i>)	1000 mg
100 Capsules 11+	



HERBAL PRODUCTS

BLACK CUMIN OIL

INGREDIENTS

Black cumin (*Nigella sativa*) Oil, Bovine gelatin, Glycerol, Pure water, Sorbitol.

SERVING SIZE

1 softgel capsule twice a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Black cumin oil	1000 mg	2000 mg
 60 Softgel Capsules  11+		



HERBAL PRODUCTS



OREGANO OIL COMPLEX OREGANO OIL, PEPPERMINT OIL AND SESAME OIL



INGREDIENTS

Oregano oil (*Origanum onites*), Bovine gelatin, Olive oil, **Sesame** (*Sesamum indicum* L.) oil, Glycerol, Peppermint (*Mentha piperita*) oil, Coating mixture (Ethyl cellulose, Ammonium hydroxide, Medium chain triglycerides, Oleic acid), Pure water, Sorbitol, Coating mixture (Sodium alginate and Fatty acids), Lecithin.

SERVING SIZE

1-3 softgel capsule(s) once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)	AMOUNT PER SERVING (3 CAPSULES)
Oregano oil	200 mg	400 mg	600 mg
Sesame oil	100 mg	200 mg	300 mg
Peppermint oil	50 mg	100 mg	150 mg

30 Softgel Capsules



GINGER EXTRACT

INGREDIENTS

Mannitol, Ginger (*Zingiber officinale*) extract, Polyvinylpyrrolidone, Croscarmellose sodium, Magnesium stearate.

SERVING SIZE

1-2 tablet(s) a day, preferably during meals.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	AMOUNT PER SERVING (2 TABLETS)
Ginger Extract	500 mg	1000 mg
60 Tablets  11+		



HERBAL PRODUCTS



L-THEANINE



INGREDIENTS

L-Theanine, Cellulose, Hydroxypropyl methyl cellulose, Magnesium stearate.

SERVING SIZE

1 capsule once a day.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)
L-theanine	200 mg
30 Capsules 11+	



HERBAL PRODUCTS

DGL LICORICE EXTRACT CHEWABLE TABLET



INGREDIENTS

Licorice (*Glycyrrhiza glabra*) extract, Isomalt, Sorbitol, Magnesium oxide, Strawberry and Menthol flavor, Magnesium stearate, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

2 chewable tablets a day (1 in the morning and 1 in the evening).

High blood pressure patients should not use it without consulting a doctor.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 TABLET)	AMOUNT PER SERVING (2 TABLETS)
Licorice Extract	400 mg	800 mg
90 Chewable Tablets		11+

HERBAL PRODUCTS



PYCNOGENOL® MARITIME PINE EXTRACT 30 MG



INGREDIENTS:

Cellulose, Hydroxypropyl methyl cellulose, Maritime pine (*Pinus pinaster* Aiton) extract, Magnesium stearate.

SERVING SIZE:

1-2 capsule(s) a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 CAPSULE)	AMOUNT PER SERVING (2 CAPSULES)
Maritime pine extract* • Procyanidin	30 mg • 21 mg	60 mg • 42 mg

*Procyanidin is min 70%.

30 Capsules 18+



HERBAL PRODUCTS



COLLAGENS

BEAUTY COLLAGEN 5000 MG HYDROLYZED COLLAGEN, HYALURONIC ACID, VITAMINS AND MINERALS



INGREDIENTS

Denatured collagen type I (**Hydrolyzed fish collagen**), Strawberry extract mixture (starch, strawberry extract, silicon dioxide and carrot extract), L-ascorbic acid, Hyaluronic acid, Zinc sulphate monohydrate, Copper sulphate pentahydrate, Stevia (*Stevia rebaudiana*), D-Biotin, Sodium selenite.

SERVING SIZE

1 sachet a day by mixing a glass (200 ml) of water.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%
Hydrolyzed fish collagen	5000 mg	-
Vitamin C	100 mg	125
Hyaluronic Acid	100 mg	-
Zinc	10 mg	100
Copper	1000 mcg	100
Biotin	1000 mcg	2000
Selenium	55 mcg	100

DV: Daily Value



30 Sachets



11+



COLLAGENS

TYPE I PLUS HYDROLYZED COLLAGEN

INGREDIENTS

Denatured collagen type I (**Hydrolyzed fish collagen**), Coffee (*Coffea arabica* L.) extract, L-ascorbic acid, Hyaluronic Acid.

SERVING SIZE

1-2 sachet(s) a day by mixing a glass of water.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)	DV%	AMOUNT PER SERVING (2 SACHETS)	DV%
Hydrolyzed fish collagen	5000 mg	-	10000 mg	-
Coffee (<i>Coffea arabica</i> L.) extract	600 mg	-	1200 mg	-
Vitamin C	90 mg	112,5	180 mg	225
Hyaluronic Acid	60 mg	-	120 mg	-

DV: Daily Value



30 Sachets



11+



COLLAGENS

TYPE I AND TYPE III HYDROLYZED COLLAGEN

132



INGREDIENTS

Hydrolyzed collagen mixture (Type I collagen and Type III collagen)

SERVING SIZE

1 sachet mix with a glass (200 ml) of water.

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 SACHET)
Hydrolyzed collagen mixture • Type I collagen • Type III collagen	10 g • 8 g • 2 g
 30 Sachets  11+	



COLLAGENS

TYPE II ENZYMATIC HYDROLYZED COLLAGEN

INGREDIENTS

Hydrolyzed cartilage extract (Type II hydrolyzed collagen source), Coffee (*Coffea arabica*) extract.

SERVING SIZE

Mix 1 sachet with a glass of water

STORAGE

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (1 SACHET)
Type II hydrolyzed collagen source; • Enzymatic hydrolyzed bovine collagen • Glycosaminoglycan - Chondroitin sulfate	2000 mg •1300 mg •500 mg 260 mg
Coffee (<i>Coffea arabica</i>) extract	600 mg



30 Satchets



11+



COLLAGENS 

Kids

KIDS GUMMY LIPOSOMAL OMEGA 3-DHA

INGREDIENTS:

Maltitol, Sorbitol, Liposomal Omega 3-DHA [Algal oil (*Schizochytrium* sp.), Gum arabic, Lecithin], Pectin, Orange extract, deionized water, Tocopherol mixture, Olive oil, Citric acid, Sodium citrate, Orange flavor, Curcumin extract, Carnauba wax.

SERVING SIZE:

1-2 gummy(ies) once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 GUMMY)	AMOUNT PER SERVING (2 GUMMIES)
Algal oil Omega 3 fatty acids • DHA (Docosahexaenoic acid)	157,5 mg • 63 mg	315 mg • 126 mg
Vitamin E	15 mg α-TE	30 mg α-TE

DV: Daily Value

30 Gummies



4-10



KIDS MICROENCAPSULATED IRON AND VITAMIN C



INGREDIENTS:

Purified water, Sorbitol, Glycerol, Sodium L-ascorbate, Microencapsulated iron (Ferric saccharate and Calcium alginate), Citric acid, Polysorbate 80, Potassium sorbate, Xanthan gum, Guar gum, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

11 drops a day for children.

STORAGE:

Store in a cool and dry place at temperature below 25°C. Shake well before use. Consume within 1 month after opening.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (11 DROPS)	DV%
Vitamin C	50 mg	62,5
Iron	8,5 mg	60,71

DV: Daily Value

 20 ml  4-10

Kids

KIDS PROBIOTICS DROPS

INGREDIENTS:

Medium chain triglycerides, Algal oil (*Schizochytrium* sp.); DHA (Docosahexaenoic acid), Probiotic Microorganism (*Lactobacillus rhamnosus* ATCC® 53103TM), Banana and Almond milk flavor, Mixed tocopherol, Cholecalciferol.

SERVING SIZE:

0,5 ml once a day

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (2 LOZENGES)	DV%
<i>Lactobacillus rhamnosus</i> ATCC® 53103TM	1x10 ⁹ cfu	-
Algal oil (<i>schizochytrium</i> sp.); DHA (Docosahexaenoic acid)	35 mg	-
Vitamin D3	10 µg (400 IU)	200

DV: Daily Value



Kids

KIDS VITAMIN A DROPS



INGREDIENTS:

Purified water, Poliglycerol esters of fatty acids, Raspberry flavor, Citric acid, Potassium sorbate, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

Children between 4-10 years: 1 ml once a day.
11 years and above: 2 ml once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 ML)	DV%	AMOUNT PER SERVING (2 ML)	DV%
Vitamin A	500 µg RE	62,5	1000 µg RE	125

DV: Daily Value



Kids

KIDS VITAMIN B12 (METHYLCOBALAMIN) SPRAY

INGREDIENTS:

Purified water, Glycerol, Methylcobalamin, Strawberry flavor, Potassium sorbate, Citric acid.

SERVING SIZE:

2 or 5 puffs under the tongue per day for children.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2 PUFF)	AMOUNT PER SERVING (5 PUFF)
Vitamin B12 (as methyl cobalamin)	600 mcg	1500 mcg
	DV% 24000	DV% 60000

DV: Daily Value



Kids

KIDS VITAMIN C



INGREDIENTS:

Maltodextrin, L-ascorbic acid, Silicon dioxide, Stevia (*Stevia rebaudiana*).

SERVING SIZE:

1 sachet once a day.

STORAGE:

Store in a cool and dry place at temperature below 25°C. Consume the dissolved product immediately. Avoid opened sachets contact with air.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 SACHET)	DV%
Vitamin C	500 mg	625

DV: Daily Value



30 Sachets



4-10

Kids

KIDS VITAMIN D3 400 IU

INGREDIENTS:

Olive oil, Cholecalciferol.

SERVING SIZE:

1 drop per day for children aged 2-10.

STORAGE:

Store in a cool and dry place at temperature below 25°C.

ACTIVE INGREDIENT	AMOUNT PER SERVING (1 DROP)	DV%
Vitamin D	10 mcg (400 IU)	200*

DV: Daily Value

* For 4-10 years children.



Kids

KIDS ZINC



INGREDIENTS:

Purified water, Agave syrup, Sorbitol, Zinc lactate 2-hydrate, Blackberry flavor, potassium sorbate, Stevia (*Stevia rebaudiana*), Citric acid.

SERVING SIZE:

2,5 ml (1 teaspoon) of the product with water or juice once a day for children.

STORAGE:

Store in a cool and dry place at temperature below 25°C. After opening, keep in refrigerator and use within 3 months.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2,5 ML)	DV%
Zinc	7,5 mg	75

DV: Daily Value

100ml

4-10

Kids

PREMIUM KIDS OMEGA 3

INGREDIENTS:

Fish oil (Triglyceride form), Orange flavor, *DL*-alpha tocopheryl acetate (Vitamin E source), Retinyl palmitate (Vitamin A source).

SERVING SIZE:

1 dessertspoon (5 ml) once a day for children.

STORAGE:

Store in a cool and dry place at temperature below 25°C. After opening, keep in refrigerator and use within 1 month.

ACTIVE INGREDIENTS	AMOUNT PER SERVING (5 ML)	DV%
Fish oil - Omega 3 DHA EPA	4650 mg 1395 mg 1162,5 mg 232,5 mg	-
Vitamin E	10 mg α-TE	83,33
Vitamin A	250 mcg RE	31,25

DV: Daily Value



150ml



4-10



KIDS MAGNESIUM



INGREDIENTS:

Purified water, Magnesium chloride 6-hydrate, Potassium sorbate.

SERVING SIZE:

2,5 ml (1 teaspoon) of the product once a day for children.

STORAGE:

Store in a cool and dry place at temperature below 25°C. After opening, keep in refrigerator and use within 3 months.

ACTIVE INGREDIENT	AMOUNT PER SERVING (2,5 ML)	DV%
Magnesium	125 mg	33,3

DV: Daily Value



100ml



4-10

Kids

VITAMIN C AND HYALURONIC ACID SERUM

INGREDIENTS

Aqua, Glycerin, 3-O-Ethyl Ascorbic Acid (Vitamin C), Butylene Glycol, Panthenol, Hydroxyethylcellulose, Aloe barbadensis leaf juice, Citrus aurantium dulcis peel extract, Glycyrrhiza glabra root extract, Rosa canina fruit extract, Phenoxyethanol, Caprylyl Glycol, Hyaluronic Acid.

HOW TO USE

Apply to clean skin except around the eyes.



 30 ml

DERMOCOSMETICS



Next Level Wellness

VeNatura Effervescent Vitamin C, Zinc, and Vitamin D3 Supplement

Boost your immune system with this refreshing effervescent tablet, combining the power of Vitamin C, Zinc, and Vitamin D3 for comprehensive support.

VeNatura Effervescent Multivitamin Supplement

A convenient and delicious way to ensure your daily essential nutrient intake, this effervescent multivitamin supports overall vitality and well-being.

VeNatura Effervescent Electrolyte Multimineral Supplement

Replenish essential minerals and electrolytes lost during activity. Mix with water to quickly hydrate and restore your body's balance.

VeNatura Palmitoylethanolamide (PEA), Magnesium, and B Vitamins Supplement

Supports the body's natural management of chronic pain and inflammation, combining Palmitoylethanolamide (PEA) with Magnesium and essential B Vitamins for neural support.

